

Address

Emergis MC II
Windsingel 5, Kloetinge
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Postal address

PO Box 253
4460 AR Goes

Welcome to MC II

Medium care II

Name:

Name practitioner:

Core team:



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Een uitgave van de dienst communicatie
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MC II stands for medium care II. It is an open care unit for people aged 18 and over with severe mental and psychiatric symptoms. MC II is divided into three groups. If necessary, one of these can temporarily be turned into an inpatient group. MC II provides intensive, recovery-oriented care, focusing on safety and trust, aiming at your return home or to any other suitable type of living. Admission to MC II can be either voluntary or compulsory.

Medium Care II: the unit

MC II accommodates 24 clients and consists of three groups. Once you are at MC II, we will work together on your recovery, so you can return home or to any other suitable type of living.

Special attention

At MC II, friendly care, patient centricity, as well as the involvement of family and relatives are considered very important. All of this helps to reduce tension and stabilize your mental well-being. Within a few days after your admission to MC II, a care coordination meeting (ZAG) takes place. In this meeting, you, your practitioner, your family or relatives as well as the nurses and counsellors of MC II will discuss the treatment goals, the approximate duration of your stay, the various caregivers you will be meeting, and the kind of support you can expect from them.

The team

The team of medium care II is multidisciplinary, which means it consists of various staff with various functions, such as a psychiatrist, a psychologist, a unit physician, a nursing specialist, nurses, welfare workers, counsellors, a social worker, a peer worker, an occupational therapist and, possibly, a caregiver in training.

Core team

MC II works with core teams. Upon admission, each patient is assigned such a team. It consists of a practitioner, nurses, and counsellors. They will be your permanent contact persons during your stay at MC II.

Treatment

Your treatment consists of:

- conversations with the psychiatrist, psychologist, unit physician, physician assistant, nursing specialist, nurses, and counsellors;
- care alignment conversations;
- medication;
- supportive or structural counselling;
- support regarding day care and activities.

Crisis alert plan

In cooperation with you, the nurses or counsellors draw up a crisis alert plan (CSP). It describes the various phases of tension you are going through and teaches both you and us how to deal with them.

Private room

At MC II, you have your own private room. A shared living room is at your disposal. You will be invited for meals in the dining room. If you prefer having your meals in the privacy of your room, please discuss this with the nurse or counsellor.

Additional information

In the central hall of MC II is a rack containing leaflets with, among other things, information on your treatment, your rights and obligations as an Emergis patient, as well as information on the confidential counsellor (pvp). The pvp is your contact person in case you have questions or disagree with something.

Rules for social interaction during your stay at MC II

To find out more about our rules for social interaction, please read our house rules. You will find them in the admission information folder and elsewhere at MC II.